Transport delays and long journey times are widespread phenomenon in many cities today. What are the causes and solutions related to this problem.

Nowadays long-lasting journeys and wasted time related to traffic jams have become a common issue practice compared to the past. What will be addressed in this essay is discussion as to what causes could be highlighted in this regard as well as how it could be possible to tackle these problems.

At the heart of the matter are difficulties in public transport. Provided in poor quality in different conurbations, infrastructures give rise to fundamental problems in the way urban dwellers utilize communal transport systems nearly throughout the globe. Chief Cheif among the causes of the problem particularly in cities where which are considered transport hubs is lack of flexible timetable for workers. A case in point is time interference when pupils relocate to schools and employees commute to their workplaces. Further, urban sprawl and unemployment in rural areas result in overcrowding and this could be clear that the more city dwellers, the more traffic congestion. Tehran is a particularly good example of this problem which is symptematic symptomatic of improper policies in the societal terms.

Given the question of solutions individuals and governments alike should take measures in order to stem the tide of increased traffic. On the level of governments, adopting some influential policies, state could provide cities with facilities and amenities. For example, investment or funding on infrastructural matters associated with employing of communal transport as well as deterrent measures ranging from congestion charge to tax drivers. In terms of individuals, job seekers should share their cars and travel together. Communal car pooling could be exemplified in this regard. Equally importantly, though, limited in terms of budget for education of people and deveolopment of infrastructures, governments find it difficult to spend money in such a transportation system. Were authorities and private companies able to invest more on in public-private partnership, it-there would be erected a utopia.

In reality, this problem is unlikely to be resolved in a short term,. However, it is by no means insurmountable. Focusing on consequences of problems linked with heavy traffic, govenmental organisations and people should co-operate to reduce the volume of traffic whose negative effects are detrimental in the hectic pace life.

## vahid